

Product Comparison

BOOST® High Protein vs. BOOST Plus® vs. BOOST® VHC

Per serving

Product Name	Boost® High Protein Nutritional Drink	Boost Plus® Nutritional Drink	Boost® VHC Very High Calorie Nutritional Drink
Serving Size	237 mL	237 mL	237 mL
Calories (kcal)	240	360	530
Feeding Type	Oral	Oral	Oral
Nutritional Applications	General oral supplement needs. Increased protein requirements. Reduced appetite. Inadequate oral intake. Malnutrition.	Inadequate oral intake. Increased energy needs. Weight gain or maintenance. Malnutrition. Fluid restriction. Volume intolerance. Supplemental or interim sole-source nutrition.	Inadequate oral intake. Increased energy needs. Weight gain or maintenance. Fluid restriction. Volume sensitivity. Malnutrition.
Suitable Diets	Suitable for lactose intolerance. Not for individuals with galactosemia. Gluten-Free. Kosher.	Suitable for lactose intolerance. Not for individuals with galactosemia. Gluten-Free. Kosher.	Suitable for lactose intolerance. Not for individuals with galactosemia. Gluten-Free. Kosher. Fluid Restricted.
Caloric Distribution Protein (% of kcal)	33%	15%	17%
Protein Sources	Milk Protein Concentrate, Calcium Caseinate (Milk), Sodium Caseinate (Milk), Soy Protein Isolate	Milk Protein Concentrate, Soy Protein Isolate	Acid Casein (Milk), Soy Protein Isolate
Protein (g)	20	14	22
NPC:N Ratio	52:1	137:1	126:1
Caloric Distribution Fat (% of kcal)	23%	35%	44%
Fat Sources	Canola Oil	Canola Oil	Canola Oil
Total Fat (g)	6	14	26
Caloric Distribution Carbs (% of kcal)	44%	50%	39%
Carb Sources	Glucose Syrup, Sugar	Glucose Syrup, Sugar	Glucose Syrup, Sugar
Total Carbohydrates (g)	28	45	52
Sodium (mg)	220	170	280
Potassium (mg)	450	360	420
Calcium (mg)	350	360	250
Phosphorus (mg)	300	250	250
Free Water (%)	83%	70%	67%
Vitamin C (mg)	90	45	60

All product information is obtained from available product literature on the date of publication and is subject to change. To verify current or specific nutritional information, please consult the manufacturer. All formula substitutions must be based on the clinical judgement of the patient's healthcare professional. Alternatives may not be nutritionally comparable or equivalent in all respects. Any questions regarding appropriateness of a particular product for a patient must be directed to the patient's healthcare professional. Values not available or published at the time data was entered are indicated with (---). **Some products may contain common food allergens.** The ingredient statement on the product label should be carefully reviewed for any patient with food allergies. For assistance with or questions about Nestlé Health Science products, please call Nestlé Health Science at 1-800-422-ASK2 or go to www.nestlemedicalhub.com/products. Unless otherwise indicated, all trademarks are owned by Société des Produits Nestlé S.A., Vevey, Switzerland. © 2024 Nestlé. All rights reserved.